

# Swimming To Antarctica Tales Of A Long Distance Swimmer

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Swimming To Antarctica Tales Of Swimming to Antarctica: Tales of a Long-Distance Swimmer [Cox, Lynne] on Amazon.com. \*FREE\* shipping on qualifying offers. Swimming to Antarctica: Tales of a Long-Distance Swimmer Swimming to Antarctica: Tales of a Long-Distance Swimmer ... This book chronicles the amazing swimming feats of Lynne Cox who swam the English Channel, the Bering Strait, and other herculean attempts of open water swimming. In just a swimsuit. Her positivity and her beautiful prose make the book a pleasure to read. Swimming to Antarctica: Tales of a Long-Distance Swimmer ... Swimming to Antarctica is Cox's remarkably detailed account of her major swims and all that went right and wrong with them. While there are plenty of highs, as one might expect in a memoir by so impressive an athlete, all is not sunshine and roses for Cox. Amazon.com: Swimming to Antarctica: Tales of a Long ... LYNNE COX has set records all over the world for open-water swimming. She was named a Los Angeles Times Woman of the Year, inducted into the International Swimming Hall of Fame, and honored with a lifetime achievement award from the University of California, Santa Barbara. She is the author of Swimming to Antarctica, which won an Alex Award. She lives in Los Alamitos, California. Swimming to Antarctica: Tales of a Long-Distance Swimmer ... Lynne Cox started swimming almost as soon as she could walk. By age sixteen, she had broken all records for swimming the English Channel. Her daring eventually led her to the Bering Strait, where she swam five miles in thirty-eight-degree

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water in just a swimsuit, cap, and goggles. Swimming to Antarctica Tales of a Long Distance Swimmer ... Buy a cheap copy of Swimming to Antarctica: Tales of a... book by Lynne Cox. Just about every other person in the world seems like an unfocused dilettante compared to long-distance swimming legend Lynne

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