

# **Hydrosols The Next Aromatherapy**

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## Hydrosols The Next

### Aromatherapy Hydrosols: The Next

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Aromatherapy is wonderfully enlightening and sheds much light on the often ignored world of hydrosols. It is a must-have book for everyone serious about aromatherapy. Table of Contents for Hydrosols: The Next

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Aromatherapy - Kindle edition by Catty ... Hydrosols: The Next Aromatherapy Susanne Catty. Publisher: Healing Arts Press (March 1, 2001), Language: English, ISBN-10: 0892819464, ISBN-13: 978-0892819461, Paperback: 352 pages, file: 253p. The first book devoted exclusively to aromatic hydrosols-gentle, water-based plant extracts that expand the healing, cosmetic, and culinary applications of aromatherapy. Hydrosols: The Next Aromatherapy | Susanne Catty. | download The Next Aromatherapy. Author: Suzanne Catty; Publisher: Inner Traditions / Bear & Co ISBN: 9780892819461 Category: Health & Fitness Page: 290 View: 6516 [DOWNLOAD NOW »](#) The first book devoted exclusively to aromatic hydrosols--gentle,

water-based plant extracts that expand the healing, cosmetic, and culinary applications of aromatherapy. [PDF] Hydrosols The Next Aromatherapy Download Full - PDF ... Suzanne Catty, author of *Hydrosols: The Next Aromatherapy* proposes the following definition: "Hydrosols are the condensate water co-produced during the steam- or hydro-distillation of plant material for aromatherapeutic purposes." [Suzanne Catty, *Hydrosols: The Next Aromatherapy* (Rochester, VT: Healing Arts Press, 2001), 10.] What are Hydrosols? | AromaWeb --Pamela Parsons, editor of *The Aromatic Thymes* *Hydrosols: The Next Aromatherapy* is one of the most anticipated books in the world of holistic health because it introduces a revolutionary new use

of essential oils in aromatic treatment. Hydrosols, or hydrolates, are the pure, water-based solutions created when essential oils are steam distilled. Hydrosols: The Next Aromatherapy: Amazon.co.uk: Catty ... " Hydrosols: The Next Aromatherapy puts aromatherapy in its safest form at the disposal of every interested enthusiast. The sheer wealth of carefully assembled empirical data will answer many hither to unanswered questions about how to use hydrosols for many different conditions." Hydrosols The Next Aromatherapy - Powell's Books Hydrosols: The Next Aromatherapy by Suzanne Catty(no ratings yet) Learn to use hydrosols for true aromatherapy healing. This product is available through



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Hydrosols, or hydrolates, are the pure, water-based solutions created when essential oils are steam distilled. *Hydrosols: The Next Aromatherapy - Green Valley Aromatherapy* In fact, hydrosols are considered the homeopathic version of aromatherapy, and as such are ideal for use with children, animals, and those with fragile immune systems. Suzanne Catty details the specifics of 67 hydrosols, provides formulas to treat more than 50 health concerns, and offers

40 delicious recipes in which hydrosols can be used. Hydrosols : The Next Aromatherapy by Suzanne Catty (2001 ... Hydrosols, also known as hydrolats or floral waters, are produced through the same process as essential oils. The distinction between the two products is in the chemical make-up of the end product. Hydrosols are predominately made up of hydrophilic compounds of the plant, with a minute number of essential oil compounds. NAHA For in-depth study and information about hydrosols, please refer to these two excellent books: "Hydrosols, The Next Aromatherapy", by Suzanne Catty, and "Harvest to Hydrosol, Distill Your Own Exquisite Hydrosol at Home", by Anne Harman. All hydrolats are \$15 and contained in

4 oz. PET plastic bottles. All prices include shipping. PhiBee Aromatics: Hydrosols from the Southwest Suzanne Catty, one of the world's leading authorities on these gentle yet powerful products, lists 70 hydrosols and their optimum pH values in her groundbreaking book, *Hydrosols: The Next Aromatherapy*. Catty recommends using special pH test strips - available at a low cost from home-brewing catalogs - to check a hydrosol's shelf life. *Hydrosols Used in Canine Aromatherapy - Whole Dog Journal* In aromatherapy hydrosols are also known as hydrolates or floral waters. In her book *Hydrosols, The Next Aromatherapy*, Suzanne Catty uses the following definition: "Hydrosols are the condensate water

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